Human vital amniotic membrane reduces adhesions in experimental intraperitoneal onlay mesh repair

A. H. Petter-Puchner • R. H. Fortelny • K. Mika • S. Hennerbichler • H. Redl • C. Gabriel

Abstract

**Background** Various antiadhesive coatings have been proposed for intraperitoneal onlay meshes (IPOM). However, adhesions, mesh infections, and impaired integration remain clinically relevant problems. In this experiment, human vital amniotic membrane (AM) was tested as antiadhesive mesh coating. Vital AM complies with clinical standards of product safety.

**Methods** In this study, 24 rats were randomized to one control or two treatment groups (n = 8). An uncoated polypropylene mesh (Vitamesh) was implanted using open IPOM technique and fixed with four sutures. In the treatment groups, vital AM was attached to Vitamesh by fibrin sealant fixation. The observation period was 7 and 17 days. Vitamesh fixed by suture only served as the control condition (17 days). Adhesion formation, tissue integration, and neovascularization were assessed macroscopically and histologically.

**Results** All the meshes in the control group elicited severe adhesions. Vital AM was highly efficient in reducing adhesions to mesh and sutures. No foreign body reaction or unfavorable immunologic response to vital AM occurred. Tissue integration and neovascularization of coated meshes were good. Fibrin sealant yielded a reliable fixation.

**Conclusion** Human vital AM was highly effective in reducing adhesions to polypropylene mesh and sutures in experimental IPOM. No adverse effects were detected, and tissue integration of the mesh was good.

**Keywords** Antiadhesives • Hernia repair • Human amniotic membrane • Intraperitoneal mesh placement

Intraabdominal peritoneal onlay mesh repair (IPOM) can be considered a well-established technique for selected patients [1, 2]. The laparoscopic view allows detection of multiple and occult hernia defects and offers undeniable advantages, especially for obese patients [3, 4].

For more than two decades, extended polytetrafluoroethylene (ePTFE) was the material of choice for antiadhesive coating of IPOM meshes [4, 5]. However, its undisputed efficacy for adhesion prevention is opposed by its susceptibility to infection [6]. The incidence of ePTFE mesh infection is as high as 10% in the literature and usually requires explantation [7, 8]. Shrinkage, wrinkling, and seroma formation are other frequent complications of ePTFE, leading to the development of new mesh coatings [9, 10].

Polylactic acid, methyl cellulose, and collagen matrices, currently used for adhesion prevention in modern IPOM meshes, are less susceptible to infection [11, 12]. However, adhesions remain a clinically relevant problem, which is not restricted to mesh technology. It becomes apparent that the formation of adhesions to perforating fixation devices (PFDs) is a frequent cause for small bowel obstruction [13–15].

Consequently, an optimized interaction of mesh and PFD seems desirable. This formed the rationale for testing
human vital amniotic membrane (AM) in an experimental model of IPOM and fixing it to the mesh with fibrin sealant [16, 17]. This biologic matrix has been used successfully for wound repair and regeneration [18–20]. A vital AM was used with mixed results in experimental hernia research almost a decade ago [16]. However, the irradiation and chemical processing required for devitalization of AM seemed a major disadvantage to us due to the inalterable deletion of adherent multi- and pluripotent stem cells [21–23]. Pluripotent stem cell marker-positive cells are scattered in the amniotic epithelium [24].

The primary outcome parameters in our study were adhesion formation and foreign body reaction. The secondary outcome parameters were tissue integration and dislocation of vital AM attached to the mesh by means of fibrin sealant only.

Methods

Male Sprague-Dawley rats weighing 400–450 g were obtained from the Institut fuer Labortierkunde und genetik der Medizinischen Fakultaet der Universitaet Wien, Himmelberg, Austria. The mesh used in this study was Vitamesh, a lightweight macroporous polypropylene mesh manufactured by Proxy Medical (Galway, Ireland). The fibrin sealant was Artiss (four units of thrombin) manufactured by Baxter (Vienna, Austria).

The mesh and fibrin sealant were supplied by courtesy of their manufacturers. Vital AM was obtained from the Red Cross Blood Transfusion Service of Upper Austria, produced under “good manufacturing practice” (GMP) conditions. All reagents used were of analytical grade, and surgery was performed under sterile conditions at the Ludwig Boltzmann Institute in Vienna. The study protocol was approved by the authority of the Vienna city government.

Group randomization

The 23 rats in this study were randomized to one control and two treatment groups as follows:

- Control group (n = 8): Vitamesh was fixed by suture only, and the observation period was 17 days. Although an uncoated polypropylene mesh should not be used clinically in IPOM repair, it was chosen as a reliable and reproducible control group substance.
- Treatment group 1 (T1; n = 8): Vitamesh and PFD were covered with vital AM, the observation period was 7 days.
- Treatment group 2 (T2; n = 8): Vitamesh and PFD were covered with vital AM, and the observation period was 17 days.

The observation periods were chosen to detect early adhesion formation, dislocation of vital AM after full degradation of fibrin sealant, and possible foreign body reaction to the xenograft.

Processing of vital amnion

Placentas after cesarean section were collected with informed consent from the donors. Further processing was performed as described previously [17]. Briefly, AM was peeled off the placenta and washed extensively with phosphate-buffered saline (PBS). Subsequently, 3 × 3-cm AM transplants for grafting as well as microbiologic and viability testing were prepared. For microbiologic and initial viability testing, punch biopsies (diameter, 8 mm) were taken from a separate 3 × 3-cm transplant.

The AM grafts were attached to nitrocellulose disks (Millipore, Billerica, USA) and wrapped in 15-ml tubes with 10 ml of a cryoprotective medium containing RPMI 1640 (PAA, Pasching, Austria), FCS (PAA), DMSO (WAK Chemie, Steinbach, Germany), L-Glut (PAA), and an antibiotic–antimycotic solution (PAA). The transplants then were frozen with a controlled-rate freezer and cryopreserved at −80°C.

Before in vivo application, the AM grafts were thawed and washed several times with PBS. One cryopreserved transplant was taken for residual viability testing with the EZ4U cell proliferation and cytotoxicity assay (Biomedica, Vienna, Austria) as described by Hennerbichler et al. [17] (Fig. 1). All AM transplants were microbiologically negative and viable.

Implant size

The Vitamesh was precut to 2 × 2 cm² in the rats. The size of the implants was fitted to the anatomic and technical requirements (i.e., adequate distance to wound margins and explantation without mechanical damage to the samples). Vital AM was 3 × 3 cm² in T1 and T2.

Surgical model

The described procedure reproduces the open IPOM technique, placing the implant on the intact peritoneum and attaching it to the abdominal wall with a PFD [13].

Surgery in rats

The 23 rats were anesthetized with an intramuscular injection of Ketavet (ketamine-hydrochloride 100 mg/ml; Pharmacia, Erlangen, Germany) and Rompun (xylazine-hydrochloride; Bayer, Leverkusen, Germany).
The abdomen was thoroughly shaved, and skin disinfec-
tion was performed. Subsequently, the skin was incised with
a scalpel, and the subcutaneous fat tissue was bluntly
detached from the abdominal muscles. A U-shaped lapa-
rotomy was made at the epigastral level from left to right,
beginning and ending about 1.5 cm under the lateral rib cage.
The abdominal wall was flipped caudally and the peritoneum
exposed, allowing a direct view of the implant site. The mesh
was placed on the peritoneum in a midline position with a
distance of at least 1 cm between the implant margins and the
incision. The mesh was sutured at all four corners of the
Vitamesh (Synthofil 4/0; Ethicon, Norderstedt, Germany).

In the control group, the operation ended at this point. In
the treatment groups (T1, T2), vital AM was attached to the
Vitamesh with 0.2 ml of fibrin sealant. The mesh was
spray-covered with the fibrin sealant (Easy Spray; Baxter,
Vienna, Austria). The skin incision was closed in anatomic
layers, and 1 ml of physiologic saline was administered
subcutaneously to compensate for dehydration.

Postoperative care of the rats

The rats were kept in single cages during the remaining
observation periods and checked daily for signs of infec-
tion, seroma formation, or abscess formation. Analgesic
treatment (2 mg/kg bodyweight intramuscular application
of Temgesic [buprenorphine], Merck, Vienna, Austria) was
routinely applied once daily for 3 days postoperatively.

Autopsy of the rats

The rats were killed as scheduled in the randomization
protocol under anesthesia by an intravenous injection of
thiopental 1 ml (1 g; Sandoz, Kundl, Austria).

Macroscopy

Seroma formation, signs of local inflammation, and tissue
integration were independently assessed by two investigators
blinded to group assignment. The macroscopic score, descri-
based previously, is based on an A (no alteration) B (modest
alteration) C (severe alteration) scale that already has been
used reliably in studies on bio- and synthetic meshes [13].

Seroma formation

Absence of seroma was scored as A. A seroma (encapsu-
lation with fluid) closely adjacent to the implant or con-
taining less than 0.5 ml of fluid (verified by needle
aspiration) was scored as B, and a seroma formation con-
taining more than 0.5 ml of fluid was scored as C.

Local inflammation

No visible inflammation (defined as unfavorable inflam-
mation with pus and debris) was scored as A. Small
amounts of debris and pus were scored as B, and abscess
formation was scored as C.

Tissue integration

Complete integration of the whole implant (tissue ingrowth
and vascularization visible to the naked eye) was scored as
A. An implant only partly integrated (<50% of surface
area) was scored as B, whereas no detectable integration
(e.g., no tissue ingrowth through the interstices of the
mesh, edges of the implant not integrated) was scored as C.

Dislocation

Dislocation was defined as visible detachment of the mesh
from the underlying abdominal wall. The implant found in
its original position with all four edges adjacent to
abdominal wall was scored as A. An implant with up to
30% of its surface area detached was scored as B, and any
dislocation more severe (>30% free floating in the
abdominal cavity) was scored as C. Failure of a suture knot
led to a scoring of A in favor of the implant material. The
dislocation of AM from Vitamesh was scored accordingly.
A shrinkage of the mesh less than 10% of its original size
was scored as A. Shrinkage of 10–30% was scored as B,
and more than 30% shrinkage was scored as C.
Adhesions

Adhesions in the rats were scored according to the score first described by Vandendael (Table 1). This score offers the advantage of combining precise parameters describing strength, width, and amount of adhesion.

Histology

After macroscopic evaluation, all samples were fixed in 10% buffered formaldehyde solution (Merck) and embedded in paraffin. For the distinction of native and human (AM) collagen, 5-μm sections were stained with hematoxylin and eosin (H&E) and Picrosirius red. Blinded analysis and grading for the following parameters were performed [25]:

- Foreign body reaction (defined as prolonged neutrophil response, foreign body giant cells, and necrosis)
- Macrophages
- Lymphocytes and plasma cells
- Tissue integration based on neovascularization and fibroblast ingrowth.

Histologic grading

The histologic grading scale consisted of 0 (no alteration), 1 (moderate alteration), 2 (strong alteration), and 3 (maximum alteration) compared with the tissue of native rats. This histologic grading system has been described previously [25].

Statistical analysis

Statistical analysis of the Vandendael adhesion scores between the treatment and the control groups was performed. The Kruskal-Wallis test and the Mann-Whitney U test were applied. A P value less than 0.005 was considered statistically significant.

Table 1  Adhesion formation: the results of the treatment groups and the control groups in terms of adhesion formation as assessed with the Vandendael score. There was a significant difference between treatment and control groups and adhesions to VITAL AM covered meshes were only mild and of low clinical relevance.

<table>
<thead>
<tr>
<th>Adhesion Formation</th>
<th>T1 (7d, n=8)</th>
<th>T2 (17d, n=8)</th>
<th>C (17d, n=8)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>7</td>
<td>2</td>
<td>4</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>1</td>
<td>1</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>

Results

Intraoperative observations

The handling of vital AM was superb due to the clear distinction between the visceral and parietal sides. Vital AM easily slipped on mesh surface. The slow-clotting fibrin sealant allowed repositioning for 120 s.

Macroscopy

Excellent results were achieved in the treatment groups (T1 and T2) for the parameters “seroma formation,” “local inflammation,” “tissue integration,” “dislocation,” and “shrinkage,” which, based on their absence, could all be scored A (Fig. 2). No macroscopic signs of unfavorable inflammation occurred in any sample, but neovascularization and an equal integration of the mesh were detectable. The meshes were firmly in place at autopsy, and no dislocation was found. The presence of vital AM amnion could not be verified macroscopically. Vitamesh showed no signs of shrinkage or contraction by surrounding scar tissue.

In the control group, the meshes were well integrated and free of seromas, but the macroscopic picture was expectedly dominated by massive adhesions and a pronounced local inflammation (score of C).

Adhesion formation

The results are illustrated in Table 1. Vital AM substantially reduced adhesions in T1 and T2. It was most remarkable how mesh and sutures were covered by a homogeneous, transparent cellular layer, interpreted as the ingrown residual vital AM. In T1 (observation period, 7 days) seven of eight meshes showed only mild adhesions (as measured by the Vandendael score) and translated to a clinically unproblematic finding (i.e., low risk of small bowel obstruction). One mesh in T1 showed moderate adhesions.

In T2 (observation period, 17 days), four meshes were free of adhesions, two meshes showed mild adhesions, and two meshes showed moderate adhesions. No mesh in T1 or T2 elicited severe adhesions, and the PFDs also were free of adhesions (Fig. 2).

In the control group, all the meshes were covered with severe adhesions, and it was apparent that the margins of the Vitamesh and sutures were the most critical areas.

The differences between the T1, T2, and control groups were highly significant according to both the Kruskal-Wallis and the Mann-Whitney U tests (P < 0.001). The differences between T1 and T2 were not significant (P = 0.328).
Histology

The H&E staining confirmed the absence of a foreign body reaction to vital AM. The scar formation around AM-coated meshes appeared physiologic, characterized by an equal deposition of collagen and ingrowth of vessels and leading to excellent implant integration. Macrophages, lymphocytes, and plasma cells were sparse, and no signs of an active inflammatory response were detected. These parameters were rated 1 and translate to an excellent performance of the xenogenic vital AM in rats.

Picrosirius red staining [26] was a useful tool for demonstrating the persistence of vital AM, which was already well integrated, providing protection from adhesions (Figs. 3, 4) at both time points of observation. No granulomatous cells were found in its vicinity. The clear distinction of vital AM verified the satisfying biocompatibility. The integration of uncoated meshes was comparable, but foreign body reaction was pronounced (histologic score, 2) due to the direct contact of the polypropylene with the viscerum.

Discussion

Vital AM provided excellent adhesion prevention and showed good biocompatibility, eliciting only a mild local inflammatory response (Fig. 2). The fibrin sealant served as safe fixation of vital AM and prevented its dislocation in the tested observation periods. Our findings with vital AM support the assumption that biologically active coatings could be specifically useful for adhesion prevention and tissue integration in hernia repair.

Voskerician et al. [27, 28] reported similar beneficial results achieved with human peritoneal membrane in experimental IPOM. Viability of AM seemed mandatory for its full benefits and potential to be realized. Vital AM contains pluripotent epithelial and mesenchymal stem cells, which otherwise would have been erased by irradiation or chemical processing [21–23, 29, 30].

As shown by our results, vital AM formed a functional layer that did not impair mesh integration but provided excellent adhesion prevention (Figs. 3, 4). Vital AM showed excellent handling characteristics, which definitely set it apart from many commercially available coatings that are difficult to insert through laparoscopic trocars and...
sometimes can be altered easily by perforating fixation devices. As an alternative, slow-clotting fibrin sealant allowed manipulation of the vital AM for about 120 s and securely fixed vital AM [31].

Although vital AM was used as a xenograft in our animal model, no foreign body reaction or adverse effects associated with immunogenicity were observed. We are aware of this study’s obvious limitations (e.g., the use of “pure” polypropylene in the control group). The control group was included because IPOM has no commonly accepted standard of care. Furthermore, the implant of uncoated Vitamesh guaranteed reproducible adhesion formation.

Concerning the translational issue, it must be emphasized that vital AM is manufactured by the blood bank of the Red Cross according to clinical GMP standards (Fig. 1) and already is available for clinical applications (i.e., wound dressing) [29, 32].

Conclusions

Vital human amniotic membrane provided excellent anti-adhesion in experimental IPOM. Besides its superior handling characteristics, it showed good biocompatibility and rapid integration. As a consequence of our positive findings, we intend to continue the preclinical research in an IPOM trial using pigs and longer observation periods.

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Disclosures A. H. Petter-Puchner, R. H Fortelny, K. Mika, S. Hennerbichler, H. Redl, and C. Gabriel have no conflicts of interest or financial ties to disclose.

Appendix

See Table 2.

Table 2 Score by Vandendael

<table>
<thead>
<tr>
<th>Scoring points</th>
<th>Parameter</th>
<th>Criteria</th>
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<tbody>
<tr>
<td>1</td>
<td>Width (mm)</td>
<td>&lt;2</td>
</tr>
<tr>
<td>2</td>
<td></td>
<td>2–10</td>
</tr>
<tr>
<td>3</td>
<td>Thickness (mm)</td>
<td>&gt;10</td>
</tr>
<tr>
<td>1</td>
<td></td>
<td>1–10</td>
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<tr>
<td>2</td>
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<td>1–3</td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>&gt;3</td>
</tr>
<tr>
<td>1</td>
<td>Strength</td>
<td>+</td>
</tr>
<tr>
<td>2</td>
<td></td>
<td>++</td>
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<tr>
<td>3</td>
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<tr>
<td>1</td>
<td>Amount</td>
<td>0–2</td>
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<tr>
<td>2</td>
<td></td>
<td>3–4</td>
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<tr>
<td>3</td>
<td></td>
<td>&gt;4</td>
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</tbody>
</table>

This table describes the algorithm of the Vandendael score for scoring adhesion formation in animal trials. Its simple design and excellent reproducibility among observers are especially useful.

References